

Maharshi Karve Stree Shikshan Samstha SITABAI NARGUNDKAR COLLEGE OF NURSING FOR WOMEN, Nagpur



Mouje Sukli (Gupchup), Tal. Hingna, Nagpur 440015 Ph.No 07104-280055, 7507405075, Web Site www.mksssconw.org

AGENDA OF THE PROGRAM

MASTER OF CEROMANY – Ms. Kajal	11:30-1:30		
Gathe			
Introduction by anchor regarding event	11:30 -11:40		
Lamp lighting	11:40-11:50		
Felicitation of guest	11:50-12:05		
Small script by anchor	12:05-12:15		
Inviting guest for session	12:15-1:00		
Anchor thanks giving	1:00-1:15		
Vote of thanks- Ms. Manisha Barapatre	1:15-1:25		



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Report on cyber crime & security

Place - Sitabai Nargunkar College Of Nursing For Women, Nagpur

Date- 23rd February 2024.

Time: 11:30- 1:30

Venue: seminar hall of SNCON

Participants: 3rd semester and 4th semester basic bsc nursing.

Sitabai Nargunkar College Of Nursing For Women, Nagpur organized session on cyber-crime security on 23rd February 2024.

The programme was started at 11:30 am and welcome address given by Ms. Kajal Gathe MKSSS, SNCON Nagpur. Chief guest of this programme was Mr. Vivekanand Auti, (police sub inspector), Mr. Gajanan Morey (Head Constable), Mr. Anand Chouragade (Head Constable), Mrs. Shradha Dhomne (Women Head Constable).

After welcoming of guest, program was started with lamp lighting by Mr. Vivekanand Auti , and his team.

Mr. vivekanad auti sir gave brief introduction about Cyber crime followed by Mr. Gajanan morey with session he has enumerated latest cases of cyber crime. He explained types of cyber crime and what is cyber crime. With this Mrs. Shradha Dhomne continue this session, she explained what is two step verification and why it is important. She told that it is very important to do social media awareness and your younge generation can do this awareness very well.she encourage to raise your voice if you find your self or other as victim. The student of 3rd semester basic bsc nursing attend this session.

The session was ended with a very inspirational thought by Mrs. shradha dhomne. The whole team of resource person highlighted on the words that youth can change the face of india by spreading the awareness of cyber crime & security.

The master of program was Ms. Kajal Gathe (Incharge Of Younge India Unchain Of MKSSS)the programe was organized by Ms. Kajal Gathe and Ms. Karishma Dhok (Clinical Instructor) under the guidance of Dr. Rupa Verma and Ms. Manisha Barapatre was proposed the vote of thanks.

PHOTOS









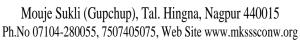
Principal
Sitabai Nargundkar
Cellege of Nursing For Women, Nagpur

SIGN OF PRINCIPAL



Maharshi Karve Stree Shikshan Samstha

SITABAI NARGUNDKAR COLLEGE OF NURSING FOR WOMEN, Nagpur





Report on Green Initiatives by the Eco-Friendly Club

The Eco-Friendly Club at our college is a dynamic force that propels our campus towards greener horizons. Encircled by greenery, our college is a testament to the club's active role in nurturing an eco-conscious environment.

This report describes all the green initiatives that are a part of our college and also shows the initiatives taken towards an economically sustainable environment.

Plantation Drives and Green Campus

Our green canopy is the result of persistent plantation drives and the active participation of every member of our college community. a personal connection with the college's greenery. We even extend this spirit of environmental stewardship beyond our campus by gifting small saplings to our esteemed guests, encouraging them to become a part of the green legacy. Our surroundings are complemented by pedestrian pathways and gardens, which not only beautify the campus but also promote a healthy, pollution-free atmosphere.

Sustainable Transportation and Fitness

In our quest to reduce vehicular pollution, we have introduced a college bus service, significantly reducing the number of vehicles on campus. Our commitment to health and sustainability manifests in a green gym with fitness equipment, nestled within a green space and featuring a beautiful walking path. We promote eco-conscious fashion through ramp walks and shows featuring eco-friendly fabrics. Additionally, we raise awareness through educational programs and embrace paperless

practices. Finally, we encourage the use of reusable bags as part of our overall sustainability efforts.

The Eco-Friendly Club has been instrumental in promoting eco-fashion through events like environmentally-themed fashion shows, which serve as platforms for advocating sustainable apparel. Our initiatives extend beyond the runway, with programs designed to raise awareness about hospital hygiene and environmental health. Embracing the digital age, we have significantly reduced paper usage, opting for electronic communication and documentation wherever possible.

Collaboration with NGOs and Community Outreach

Our partnerships with NGOs are a cornerstone of our green initiatives. Through donations and collaborative projects, we have amplified our impact on eco-friendly practices. The distribution of eco-friendly bags has been a successful campaign, spreading the message of sustainability far and wide.

Celebration and Promotion of important days

We celebrate Earth Day and environmental awareness days (like Water day, forest day, etc)with engaging activities. From inspirational poetry to tree-planting drives, we encourage creative expression and action. We even turn trash into treasure with "Best Out of Waste" bird feeder contests, promoting both art and sustainability.

We Also conduct Cleanliness drives in college and in community areas also promote educational campaigns through assemblies, social media, and messaging apps to spread awareness, reminding everyone of their role in a greener tomorrow.











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REPORT OF POLLUTION CONTROL DAY PROGRAM

Title of the program: Report of pollution control program

Theme Of The Program: "sustainable development for clean and healthy planet".

Date: 2 December 2023

Venue: MKSSS Sitabai Nargundkar college of nursing for

women, Nagpur, Seminar hall.

Time: 12:00 pm to 1:00 pm

Mode: off line.

Speaker of the session :Ms. Madhubala Saboo Chairman Simplydesi All India SHG Head At Sahkar Bharti .

Toipic of the speaker: Eco Sustainable Fashion

Guest of the program : Ms. Madhubala Saboo And Ms. Kripa Savlani Principal Of Fashion Technology Maharshi Karve,nagpur.

Participants: Faculty and Basic bsc nursing 3rd sem students of Sitabai Nargundkar college of nursing for women, Nagpur, Seminar hall.

Objective Of Program:

- To prevent adverse responses by all receptor categories exposed to the atmosphere.
- To raise awareness about the different measures to control pollution and the prevention of industrial disasters
- Prevention and control of pollution.
- Protection of the environment

Brief Description

"National pollution control day" is observed on the December 2 to instill awareness among people about environment pollution and its disastrous consequences. The national pollution

control day is observed every year on this day in rememberence of those who lost their life in the Bhopal gas tragedy when the deadly gas methyl isocyanate leaked out of the union carbide plant on the interevening night of december 2-3 in 1984, the effects of that disaster are felt even now

more than 35 year. The key objective are to educate people about the importance of pollution act and making them aware about industrial disasters. The day aim to bring awareness to people about prevention of air, soil, noise and water pollution.

National Pollution Control Day 2023 Theme

The theme for national pollution control day2023 is "sustainable development for clean and healthy planet". these theme emphasizes the interconnectedness od environmental protection and sustainable development. It underscores the need for adopting environmentally friendly practices to achieve sustainable development and ensure a healthy planet for future generations.

National Pollution Control Day

On the 2nd December our institute Sitabai Nargundkar College Of Nursing organized pollution control day at seminar hall. We invite the guest speaker Ms. Madhubala Saboo (Chairman Simplydesi All India SHG Head At Sahkar Bharti) she introduced us on the topic eco sustainable fashion. eco sustainable fashion is a term describing efforts within the fashion industry to reduce its environmental impact. Madam taught us very well about the topic, and she explain mythological concept regarding god and nature, also she encourage us to contribute good things in our society where we live.

Every year Sitabai Nargundkar College Of Nursing For Women organized National Pollution Control Day program. This year we conducting poster competition for all the student and prepared skit related to pollution control day by B.Sc nursing 3rd semester and 1st semester students.

Skit: In the skit students explained and create awareness regarding various kind of pollution like soil, air, water, noise. The skit was very informative and definitely hope everyone follow that what students shown in the skit.

Poster competition: poster competition is very important for our society it helps to diffuse the objective information through the poster as they really useful. Also it makes people to think about their activities which lead to environmental degradation and take their step towards the sustainable development . to achieve this goal and create awareness among people on the basis of these theme 2023 of pollution control day conduct this competition.

MKSSS Sitabai Nargundkar College Of Nursing For Women has arranged a Pollution Control Day program on 2nd Dec 2023. The program was discorsed by Ms. Madhubala Saboo she highlighted the term eco sustainable fashion and its importance.

Dr. Rupa Verma (Principal Mksss Sitabai Nargundkar College Of Nursing For Women) expressed her gratitude towards Ms. Madhubala Saboo.

At the end of the session student learned about how to control the pollution and how to keep environment clean.











Principal
Sitabai Nargundkar
Cellege of Nursing For Women, Nagpur

Student Name (B.Sc. 3rd Semester)

1	Agase Sandhya Vaniram	39	Ninave Vaishnavi Mangalmurti
2	Bawane Nandini Sunil	40	Pardhi Khushbu Omkar
3	Bari Reshu Ramnarendra	41	Patil Prerna Kiran
4	Bhoyar Prachi Prakash	42	Patil Akanksha Dinesh
5	Bhule Sakshi Yashwant	43	Raut Janvi Omkar
6	Bharti Nikita Kailash	44	Rakhade Yogita Ashok
7	Bisen Smita Satyawan	45	Raut Rupali Shridhar
8	Choure Isha Vinod	46	Ramteke Tejaswini Vishwanath
9	Dandekar Sakshi Ramdas	47	Rahangdale Sakshi Kailash
10	Das Jayshri Sukumar	48	Rahate Aditi Kiran
11	Dhawas Achal Bhanudas	49	Salve Mansi Vasant
12		50	
13	Dhopte Saloni Dharmraj Dahare Kiran Bhaurao	51	Sharnagat Goldi Ganesh Senwar Smriti Alok
	Gondane Pranali Arun		
14		52 53	Satpute Sanjana Deepak Shende Sakshi Ramdas
	Gadpayle Jyoti Ramesh Gadhave Rashmi Devram		
16	Gaikwad Sneha Suresh	54	Satpute Tejasvi Sunil
17		55	Sonune Rose Gajanan
18	Harinkhede Sakshi Jaychand	56	Shahare Priyanka Kishor
19	Hukare Neha Sahadeo	57 58	Selare Ayushi Anmol
20	Iskape Tanushri Subhash		Sahare Achal Ganesh Sakharkar Samruddhi Jivatu
21	Kalambhe Manjiri Yuwraj	59	
22	Kangale Prachi Sanjay	60	Sakure Puja Danraj
23	Karemore Vaishnavi Ramkrishna	61	Sakure Purva Abhimanyu
24	Karkade Vaishnavi Ashok	62	Sankhe Shraddha Vikas
25	Kashyap Bharti Chunkai	63	Thakre Dipali Bhumeshwar
26	Katole Tanu Sanjay	64	Tiwari Niharika Rakesh
27	Khope Nandini Ramchandra	65	Telhande Tina Arunrao
28	Kotangale Ritika Roshan	66	Ukey Sejal Satish
29	Lilhare Karnika Rajesh	67	Uparikar Sneha Sudhakar
30	Mandalwar Mamita Mahadev	68	Vyankatkar Triveni Dilip
31	Meshram Aditi Avinash	69	Waghmare Leena Khushal
32	Meshram Tejal Suresh	70	Zade Aparna Dipak
33	Mahakalkar Alisha Ganesh	71	Zilpe Ruchika Rajendra
34	Meshram Pratiksha Kailash	72	Nikure Sakshi Ishwar
35	Nagrale Sakshi Subhash	73	Pachare Rashmita Rajesh
36	Nagrare Akansha Vinod	74	Parkhi Sneha Prakash
37	Nagrikar Snehal Giridhar	75	Pote Vaishnavi Anil
38	Nikhade Nutan Bhojraj	76	Panemwar Pratiksha Shankar







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REPORT ON WORLD MENSTRUAL HYGIENE DAY

THEME: "#Period Friendly World"

Date: 30-05-2024

Time: 3 - 4 Pm

Venue: B. BSc. Nursing 4th Year

Students - Fourth year Basic B.sc Nursing Students.

Menstrual health and hygiene interventions can help overcome these obstacles. Not only do they fulfil the unmet demand for menstrual hygiene products; they also protect dignity, build confidence, and strengthen sexual and reproductive health, particularly among adolescents.

Maharshi karve stree Shikshan Samstha, Sitabai Nargundakar College of Nursing for women Nagpur, Celebrated world menstrual hygiene day on dated 30th May 2024 to conduct an session on B.BSc Nursing 4th year students. The session was conducted by Ms. Payal Tembhurne (Department of Community Health Nursing) under the guidance of Ass. Professor Mrs. Vandana S. Thangavel and Prof. Dr. Rupa Verma.

Following points to be covered under the session:-

- Current situation regarding menstruation in world wild
- Period symptoms
- Types of sanitary pads
- What are the option sanitary napkin or cloth
- Advantages of sanitary napkins
- How often to change sanitary napkin
- What if using cloth?
- Why is it necessary to dispose off sanitary napkin?
- Uterine cramping, in that spasmodic cramping and congestive cramping
- Natural options to alleviate cramping
- Period tracking mobile applications (Clue, Eve tracler, Flo period and Ovulation, Period diary, Ovia fertility period tracker, cycle, dots)

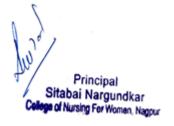












SIGN OF PRINCIPAL